

Spiritual Formation:

How do traditional values in native cultures impact who you are? "It is not the events of history of today, but how those events impact who you are spiritually, intellectually, and culturally that define their importance."
-Ray Buckley

Where are you on the path as it stretches before you? Will it be straight, narrow or wide as we journey toward 7 generations.

Native Moccasins Rock is rocking with 22 years of a powerful weekend-more than a good time; it is a powerfully good time. This is a milestone – to reach 22 years with the ups and downs of challenges.

Through the years, we have been committed to bringing leadership top in their fields to Mocs Rock. We use the phrase 'understanding through education' every year. We acknowledge the past, examine our present and look to the future.

We encourage you to join some of the sessions that are not 'make and take'. They are all good! Our leadership provide great learning tools that you can take with you and share. YOU join us on the journey

FRIDAY NIGHT AT 7:30 pm

Walk to the lake in remembrance of our murdered and missing indigenous women and girls-also known as MMIWP and MMIWR

Special guest: Dr.Gloria Littlemouse

Song by Shelly Morningsong

This is a powerful praying time.

Moccasins Rock

Is intergenerational

All ages are welcome as the journey continues. **Please note:** children under 8 shall have a parent/adult with their class activity. During breaks and free time, children and youth are the responsibility of the accompanying adult and/or youth leader. We observe safe practices and your cooperation is most important.

The Lake is NOT open for swimming. Supervision will be by the accompanying adult and not the staff of Lake Benson or CONAM of the United Methodist Church.

SMOKING is NOT allowed in any building on the property. This affects their camp rating. DO NOT smoke in buildings. Walk away from any of the structures and please do not discard cigarette or tobacco products on the ground. E Cigs are also not allowed in the buildings. Please set an example for our children, youth and each other.

NO alcoholic beverages are allowed.

NO Weapons

There are pictures online if you would like to check out the camp.

Lakebenson.org
6200 HWY 100 Bon Aqua TN 37025

REGISTRATION FORM Deadline: August 5 for meals-call if needed.

Late Registration: August 6

Make check payable to:

TWK Conference UMC

Contact Mary T for card payments or online registrations

Mail to: Native Moccasins Rock,
Attn: Mary T Newman PO Box 4
Ashland City, TN 37015

Questions: Mary T (text if voice mail full)

Contact: 615-308-4495

nativeamericantn@gmail.com

MAIL IN:

Name: _____

Address: _____

Primary Phone: _____

Email: _____

*Tribal Affiliation: _____

*Denomination: _____

*Not required but helpful for our grant writing

Housing-Great Dorms: Male ___ Female ___

Weekend on site	\$90.00	___
Weekend off site lodging	\$55.00	___
Friday MMIW w/meal	\$12.00	___
Saturday only w/2 meals	\$50.00	___
Saturday/Sunday w/lodging	\$60.00	___
Sat. dance. w/meal	\$12.00	___
Sunday only	\$10.00	___
Supply Fee	\$	___
Total	\$	___

Choose 3—choose a 4th as back up

1 _____

2 _____

3 _____

4 _____

Moccasinfootprints.org

NATIVE MOCCASINS ROCK

Celebrates 22 Years!
August 9-11, 2024

Mother Earth is watching
The waters were separated,
and dry ground became good.
Urged: Go to water.
Join us.

The Journey Forward



Sponsored by Native American Ministries of the United Methodist Church and Support by General Board of Global Ministries and Native American Comprehensive Plan



SCHEDULE		
Friday - register	3:30-6:00	Lodge
Dinner	6:30-7:30	Dining Hall
MMIW	7:45-9.00	Lake & Dining Hall
Saturday		
Breakfast	7:30-8:30	Dining Hall
Registration	8:30-9:30	Dining Hall
Orientation	9:30-10:00	Dining Hall
Workshop 1	10:15-12:00	See Map
Lunch	12:15-1:15	Dining Hall
Water Ceremony	1:30-2:30	Dining Hall
Workshop 2	2:45-4:30	See Map
Free Time	4:30-5:50	GYM
		Vendors
Dinner	6:00-7:00	Dining Hall
Mocs Rocks	7:15-10:00	Dining Hall
Sunday		
Breakfast	7:30-8:30	Dining Hall
Workshop 3	9:00-10:45	See Map
Closing Circle	11:15-12:00	Dining Hall
No politics, No drugs, No guns,	No foul language	

CLASSES

Elderberry Syrup-nature's medicine: *Led by Debbie Dickie.*
 'make and take demo'
Workshop 1 Sat. a.m. \$3 fee (limit 10)

We depend on seeds! *Led by Charlotte Hagood-* - seed banks, historic gardens, what will we have to eat in the future.
Workshop 3 Sun. a.m.

Women's Potlach: *Led by Mary T*
 Time to rest our spirits, sharing in our healing. So many women don't or can't take time for themselves. **Workshop 2. Sat. p.m.**

Traditional Stories: *Tonya Dockey and Amy Bruton-Bluemel. You will be laughing!*
Workshop 1 Sat. a.m.

How to Tell Your Story: *Amy Bruton-Bluemel*
 She will guide you through the thought process. Pass your words forward. **Workshop 2 Sat. p.m.**

Genealogy: *Margie Hesson.*
Workshop 2 Sat. p.m. Limit 4

Understanding Smudging and Blessings::
Led by Debbie Fitzhugh. You will create your own smudge stick **Workshop 2 Sat. p.m.**

Hand Drum: *Led by Jeffery Hobbs*
 Learn a song, understand the drum
Workshop 1 Sat. a.m. some drums available

History of Native American Music: *Led by Jeffery Hobbs* **Workshop 3 Sun. a.m.**

How Socio-Economic Concerns affect Native Americans in TN: *Led by Jimmy Reedy*
Workshop 2 Sat. p.m.

History and Value of Ribbon Skirts:
Led by Lorie Reedy
Workshop 1 Sat. a.m.

Flute: *Led by Emerson Begay*
Workshop 1 Sat a.m and 3 Sun. a.m.

Corn Bead Necklace: *Led by Tonya Dockery*
Workshop 3 (limited to 10) \$10 fee

Pottery: *Led by Mary T* Indigenous Clay and tools provided. (limited to 10) **Workshop 3 \$12 fee**

Flintknapping: *Led by Buddy Hayes*
Workshop 1 Sat. a.m.*no children under 12.

Cordage (braided plant fiber): *Led by Buddy Hayes*
Workshop 2 Sat. p.m.

Blow Guns and Atali's: *Led by Tammera Hicks,* Meet the challenge at the target! **Workshop 1 Sat. a.m.**

Primitive Tools and more: Led by Frankie Lackey, be amazed by early technology. **Workshop 2 Sat. p.m.**

Gourd Rattle: *Led by Emerson Begay*
Workshop 2 Sat. p.m. (limit class to 10) \$10 fee

Bead Earrings: *Led by Margie Hesson*
Workshop 1 Sat. a.m. (limit class to 6) **\$5 fee**

Ah Shucks! Corn Shuck dolls for ALL- *Led by Charlotte Hagood*
 Anyone can make a corn shuck creation!
Workshop 2 Sat. p.m.

Woven Paper: *Led by Gary White*
 Suitable for framing-using traditional designs
Workshop 3 Sun. p.m.

Children 12 and under
 Workshop 3: Pony bead bonanza
 Workshop 2: Corn Shuck Dolls
 Workshop 1: stories

Host Drum Southern Pines from Mississippi Band Choctaw
 You are welcome to bring your regalia

EXTRA INFO:

We will have safety/health protocols in place.

Water Ceremony after lunch is for everyone in the dining hall. Please attend.

During scheduled times PLEASE do not walk around on the grounds or stay in the dorms. That is for Free Time. Our leadership are generous of their time and knowledge.

*There will also be workshops in the dorm meeting areas and pavilions.

Please notify Mary T of medications as we will have a nurse on grounds.

At meals, seconds on food have to be after everyone is served.

Please advise of allergies; we will try for gluten free if possible. ***note on your registration

Elders in line first! Saturday night, dancers needed to dress out, in line, then elders.

Remember to ask to take pictures of someone whether in regalia or not. **We will announce if there are times to refrain from video, etc

The vendors are from our leadership. *They may or may not accept credit/debit cards.

*Charlotte is going to have a seed swap during free time!!
 Bring your heirloom seeds or unused packets of seeds!*

For those who are not familiar with this, money is thrown on a blanket during the blanket dance. We will announce this at Mocs Rocks.

check out:
United Methodist Works to Preserve Native American Heritage - YouTube